CELEBRATING 60 AMAZING YEARS

AHMEDABAD MANAGEMENT ASSOCIATION®

Programme on

Realizing the Powers Within You

Saturday, February 4, 2017 • 5.00 p.m. to 8.00 p.m.

Venue : AMA Complex, ATIRA Campus, Dr. Vikram Sarabhai Marg, Ahmedabad 380 015

The workshop shall cover the following:

1. Discovering your Purpose, Why YOU are here
2. Developing Immense Confidence and Calm (not becoming a victim of situations)
3. Understanding your true self and the immense power you have within you to succeed at anything
4. Gaining mastery over Time and Self
5. Understanding and managing Stress
6. Developing a Personal Productivity Plan which will be a joy to look at and achieve, and not become a burden

Right through the programme there will be a series of self-introspection sessions, which you will carry back with you to help you execute your Personal Productivity Plan.

The Workshop shall be most useful for corporate executives, businessmen, students, teachers and even homemakers, since everybody would like to know one's purpose in life and how to achieve that purpose without Stress.

Faculty : **Mr. Achal N Rangaswamy,** a highly successful professional and award winning corporate, who has built into his work style ideas taken from the practice of Management by Consciousness so that one is able to Realize the Powers Within.

He has trained hundreds of people in Time Management and Self Management and is now an extremely happy Management Coach.

Fee : Rs.500/- per participant. Fee includes course fee, cost of reading material & refreshment. The cheque may please be drawn in the name of 'Ahmedabad Management Association.'

Programme on **Realizing the Powers Within You** **February 4, 2017**

Registration Form:

Please fill-in and return this form along with participation fee to:

Ahmedabad Management Association
Dr. Vikram Sarabhai Marg, ATIRA Campus, Ahmedabad 380 015.
Phone: 079-26308601-5 • Mobile: 9537407187, 7069940917 • Fax: 079-26305692
E-mail: ama@amaindia.org • Website: www.amaindia.org
Android Mobile App: AMA-Ahmedabad amaIndia.org

Name(s) Designation

1.

2.

Organisation:

Address:

Pin Code:

Phone: Mobile:

E-mail: